



SAINTS NEWS & VIEWS

THE NEWSLETTER OF THE ST. STANISLAUS COLLEGE ALUMNI ASSOCIATION TORONTO
AND THE ST. STANISLAUS COLLEGE (GUYANA) ALUMNI SOCIETY

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Editorial

GOD, THE DEVIL, AND FREE WILL

Introduction

Over the past nine months, the world has been suffering, both medically and economically, from the COVID-19 virus pandemic. Whenever anything bad like this occurs, especially if large in scope, people despair and start to question their basic beliefs. They ask questions like: “If God is good, why does He let bad things happen?” or “If God is good, why did He create the devil?” or “What’s the use of trying to do anything? God already knows what will happen, so it is destined to happen. We have no free will to change anything.” These types of questions show a lack of understanding of God, as there is one answer which addresses all these questions, and we shall try to give it in this article.

However, to reach the answer and understand how it is reached, there are some basic premises which have to be made. These premises can be shown to have logic behind them, but volumes have been written about them, and we have neither the space nor time to develop them here. We shall simply state them here as conclusions, and leave it to your faith to accept them.

This leads to the final part of the introduction. This article is addressed to only those who are monotheists. It will be obvious that atheists and agnostics, who either do not believe in a God or do not believe that we have sufficient information to deduce the existence of a God, will not be able to accept the premises which will be used, and this article is not an argument about the validity of the premises. Polytheists are also excluded as we shall be discussing the existence of only one God and, again, we shall not be arguing about this point. The three monotheisms, in order of age, are Judaism, Christianity, and Islam, together called the Abrahamic religions. We are not sufficiently conversant with Judaism and Islam to say whether or not they accept all the premises but, since all three religions have the same beginning, we shall include them for completeness.

Premise – the existence of one God

There is one and only one supreme being who is greater and above everything with which we mortal humans are familiar. The Hebrews call Him Yahweh or Jehovah, the Islamites refer to Him as Allah, and the Christians use the simple word, God. When Moses, standing in front of God at the burning bush, asked Him for His name, God replied: “I am who am”. The meaning of this will become clearer later. We shall continue to use the word “God”.

Premise – the nature of God

When we think of God, we tend to think of Him in our own familiar mortal way, using the masculine gender to refer to Him, especially as He did assume the form of a mortal man, Jesus, and as artists also portray Him as a man. However, God is non-mortal, and we refer to Him as a **Spirit**, one without a mortal body. Having no body, God has no mortal gender, in spite of the efforts of the 60s-70s eras’ feminists who wanted to use the feminine appellation to refer to Him and who did not understand that God is also not masculine as well as not feminine.

God is not mortal but **immortal** i.e. not subject to death, not liable to perish or decay, everlasting, perpetual. He has no beginning or end. He simply is, was, and will always be. He is “I am who am”.

We are taught that God “made us in His own image and likeness”, and we tend to work backwards from this and draw the incorrect conclusion that God must have a body like our own. However, if we work forward, we can come to the conclusion that, to be like God, we must have a spiritual component, and we refer to it as a “soul” which, like God, must be immortal. The human soul, being immortal, will not perish but lives on after mortal death. However, unlike God, the human soul has a beginning but no end.

Because God is immortal, He is **timeless** i.e. time has no meaning for Him as he always was and always will be in existence – He cannot grow old, a mortal experience. Time is really a mortal concept. For mortals, time began with the “Big Bang”, a cosmological event which was proposed first by a Jesuit priest (later Monsignor), Georges Lemaître (1894-1966), a Belgian physicist and astronomer, who discovered in 1927 that our universe is expanding and, four years later, proposed that the universe must have started with a “single quantum” — what we now call the “Big Bang”. All of his work was written in French and published mainly in Europe, so that the unknowing Americans have tended to give credit for this proposal to the American Edwin Hubble who reached the same conclusion two years after Lemaître.

The spiritual nature, complete immortal-
ity, and timelessness of God

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(The following article has been taken (and edited) with permission from the archives of the British Province of the Society of Jesus, London, England.)

Biography of Jesuits at St. Stanislaus College - 21

FR. DENIS WHITESIDE - HEADMASTER

Fr. Denis Whiteside was born at Blackpool on 11 August, 1880, and was the first of the family of four brothers to go to Mount St. Mary's. He entered Manresa on 7 September, 1899, when his brother Louis became a glorified novice among the juniors. He passed on to St. Mary's Hall where he was given a fourth year in which to study for his London B.A. His teaching career as a scholastic was divided between Beaumont and St. Ignatius', Stamford Hill. No reference to his younger years would be complete without recalling his extraordinary prowess as a footballer. He was as fleet as the wind, with knees like steel springs, and deadly strong and accurate in his shooting. He did his theology at Ore Place and Milltown Park, and returned to his home town to be ordained at the Church of the Sacred Heart. His final year of studies was at St. Beuno's. When the Great War broke out, he was selected to be a chaplain to the Forces in France.

Fr. Denis was forty years old when he sailed from Southampton on the *Olympic* bound for New York, because direct passages to his destination, British Guiana, were not to be had. This necessitated a stay of six weeks there, and afforded an opportunity of visiting his sister's Convent of the Holy Child, Philadelphia, and of giving an exhortation to the community.

On reaching Demerara on 10 January, 1921, he succeeded Fr. Paul Miller as Headmaster of St. Stanislaus College, Georgetown. In many ways, he was suited to the post. He was pre-eminently a man's man. Geniality in him was combined with a sense of humour.

He saw humorous situations all around him on the Mission, and his hearty laugh was infectious. Small wonder that the College was infused with new life. At week-ends, he would serve the little mission at Kitty in the suburbs. Strangely enough, together with his combination of attractive qualities, there went a diffidence in his own abilities. He hated unreality or pretence, and made it clear that he liked plain facts and plain speech.

After his leaving the College in 1925, Georgetown people saw very little of him, for his taste for retirement led him readily to reside for many years among the Arawak Indians on the Santa Rosa mission until failing eyesight necessitated his seeking surgical treatment in England. Only one eye was successfully operated on, and he returned, partly blind, to take up a temporary appointment in Georgetown until it was considered advisable to have a second priest at Belfield where he did the active work of that mission station during the declining years of the negro priest, Fr. John Purcell.

After being wholly in charge for about three years, a severe abdominal haemorrhage rendered him unfit to be moved from the presbytery to the public hospital. A second and a third recurrence made it obvious that the end was near and, fortified with the Last Sacraments, he died just after the ringing of the Angelus bell on Sunday evening, 9 August, 1942, two days before his sixty-second birthday.

Six old boys from Mount St. Mary's College begged the privilege of bearing his remains to the grave, for Fr. Denis Whiteside, in his youthful days, had been Head of the Line. *Requiescat in pace.*

God, The Devil, and Free Will (continued from page 1)

would lead us to believe that God is also **infinite** in nature; in fact, God may be said to be the definition of infinity. God is everywhere. The concept of infinity is one which our mortal brains have great difficulty in comprehending as we struggle to use it in physics, mathematics, and cosmology, let alone understand an infinite God.

God is **omnipotent** i.e. He has unlimited power. He can do anything – His wish is His command. He created the laws of the universe. He created everything which exists, both spirit and physical in nature. Especially, He created man by using the Big Bang and the laws of the universe. The biblical story of the creation of the universe over seven days (but God is timeless!), including the creation of man, is a simple but not accurate story to aid a simple people without the highly advanced and technical knowledge of today's man.

God is **omniscient** i.e. He knows everything. Using the human concept of time, God knows everything in the past, the present, and the future, not just physical events but what is thought in the human mind. Nothing is hidden from God.

God is **good**; in fact, God is the definition of good. He is always right, and cannot do any wrong or anything bad. He is perfection.

The Answer

Let us consider first the concept of Free Will. Understanding this will make everything else clear. The proposition is: if God knows everything, including the future, He already knows what we shall do in the future and, therefore, our destiny is already determined, and we cannot do anything about it i.e. we have no free will to do as we choose.

The answer lies in decision-making. If we were to examine our whole mortal life, we will discover that we have made what seems to be an infinite amount of decisions. Many were very trivial with no important consequences, while some were major and life-altering. An example of a trivial decision would be whether we should wear a white shirt or a blue shirt on a particular day; the consequences of either decision would probably be the same. A major decision would be what course of study to follow at university e.g. medicine, engineering, General Arts, etc.

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God, The Devil, and Free Will *(continued from page 2)*

It is obvious that the consequences of each choice would be dramatically different from each other.

To complicate matters, we do not live in isolation but interact with others who also make decisions, decisions which may result in consequences which may intersect with our own decisions. For instance, you may decide to go to meet friends at night, using public transportation rather than driving a car. Another person, a stranger, may also be going out on the same night but decides to use his car. On returning home, you both use the same route, but the other person has been drinking alcoholic beverages to excess, and you see him get involved in an accident in front of your public transport. If you had driven your car, perhaps you would have been the other person involved in the accident. Therefore, our lives depend not only on the decisions we make but on the decisions of many others and, when we combine all the possibilities, we can see that there are a staggering large, perhaps immeasurable, amount of paths our lives could take.

(It is interesting to note that today's physicists, trying to explain how everything fits together by developing a Grand Unified Theory (GUT), can find solutions only if we lived in a large (11) multi-dimensional universe instead of the 4-dimension one we observe (3 spatial and 1 time). This has led them to propose that we may be living in a multi-universe i.e. we may exist in many parallel universes at the same time, following different decision paths. Let us return from the world of science fiction to our situation.)

God is omniscient. Therefore, He knows about the personal decisions we can make. He knows also what would happen in **all** the paths that would be followed by all the combinations of decisions (personal and external) which can be made. From our perspective, it may seem to be an infinite number of paths but, to God, this is no problem. We have the free will to choose which path to follow – God does not choose it for us as He very rarely, if ever, interferes with our lives. Indirectly, through His agents, He has provided us with sufficient information, and given us sufficient intellect to be able to make relevant decisions. However, regardless of which path we choose, He knows exactly what will happen, but He does not make it happen – we do, through our own free will.

This also answers the question of why God lets bad things happen. He doesn't – we do, through our (everyone's) own free will. He knows all the good and bad things which can happen, but He does not direct traffic. Some things may be beyond the power of our free will as they may follow the rules He created e.g. volcanoes, earthquakes, hurricanes, etc., but it is up to us to make the right decisions to handle these situations. Again, He does not interfere with our decisions, but leaves it to us to work out our own problems.

Finally, we come to the "creation" of the devil. God has created everything, but we don't really know why. "*For who hath known the mind of the Lord? Or who hath been his counsellor?*" (St. Paul to the Romans 11:34). In His creation process, He created a group of beings who, like Himself, are spirits in nature, and we call them angels. As with mortals, the angels were given free will to follow and obey the commands of God.

There is a hierarchy of angels, with nine levels grouped in three orders (Highest e.g. Seraphims, etc., Middle e.g. Dominions, etc., Lowest e.g. Archangels, etc.). They even have names e.g. Gabriel, Michael, etc. There is one in particular who has the name of Lucifer (or Satan), and who was the chief of all the angels, being the most powerful and intelligent of them. However, his power "went to his head", and he suffered from the sin of pride. He believed that his power made him the equal of God, and he decided that he would be god unto himself. He revolted against God, and so God cast him out from His and the company of angels, though he never lost the power which had been given to him. Thus, God being good, did not create evil, but He created a good angel who decided to be evil, just as any mortal can decide to be evil by not following the commandments of God.

In summary, for all situations other than those involving "nature" over which humans have no control, humans control their own fate by their use (or abuse) of their God-given free will.

PREVENTING THE SPREAD OF COVID-19

By now, you all are quite aware of the precautions which have to be taken to prevent the spread of the COVID-19 virus. However, with the signs appearing of a second wave, these precautions cannot be emphasized too much.

In the U.S.A., a TV reporter interviewed a young man, not wearing a mask, on the street, asking him if he was infected. The reply was "Yes", and he went on further to state that his whole family was also infected, as he waved his hand in the general direction of some houses in the background.

The TV reporter asked if he and his family were self-isolating, and the answer was "Yes". The reporter then asked why he was in public and especially not wearing a mask. The answer was silence! The virus is no longer spreading among those who are more susceptible, like

those with existing medical problems or the old and infirm, but among those in the 20-40 age range who have become socially irresponsible.

Going out?

You should continue to think ahead about the actions that you can take to stay healthy and prevent the spread of COVID-19. Measures to reduce COVID-19 in your community are especially important as some areas begin to lift restrictions.

In an effort to prevent the spread within communities and across the country, you are advised to:

- avoid closed spaces, crowded places, and close contact;
- stay home and away from others if you feel sick;
- stick to a small and consistent

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MEMBERSHIP

The following is the list of alumni who are currently paid-up members in 2020. Membership is based on the calendar year.

CANADA (80)	Peter DeFreitas ¹	Anthony Jekir	Arthur Veerasammy	
Paul Abdool ⁴	Noel Denny	Amanda King	Vibert Vieira ³	U.K. (3)
Lance Alexander ²	Clive Devers ²	Vibert Lampkin ⁴	Paul Vincent ⁴	Tony Gomes ²
Paul Archer	Roger Devers ²	Geoffrey Luck ²	Howard Welshman ³	Neville Jordan ¹
Glenmore Armogan ¹	Terence Devers ²	Gerard Martins	Godfrey Whyte	Charles Kennard ⁴
Bernard Austin ⁴	Neville Devonish ²	Michael Mendes de Franca ³	David Wong ³	
Malcolm Barrington ³	Jerome D'Oliveira	Anthony O'Dowd ⁴	Wayne Yeates	U.S.A. (16)
Gerard Bayley ³	Paul Duarte	Renuka Persaud ³	John Yip ¹	Mark Anthony
John Rene Bayley ⁴	Joe Faria ²	L. A. Phillips ²		Satynanand Bhagrat-tee ³
Teddy Boyce	Paul Farnum	Carl Ramalho	AUSTRALIA (1)	Ronald Chanderbhan ⁴
Randy Bradford	Raymond Fernandes	Marcelline Ramcharan ²	Lennox Yhap	Ronald DeAbreu ¹
Paul Camacho ³	Andre Fredricks ²	Linden Ramdeholl ⁴		Joseph Brian DeFreitas
Alfred Carr ⁴	Darwin Fung ³	Alex Rego	BRAZIL (1)	Dalip Etwaroo ⁴
Wilfred Carr ³	James Fung	Romeo Resaul ³	Stephen DeCastro ³	Bernard Friemann ⁴
Joseph Castanheiro ²	Trevor Gomes	Peter St. Aubyn ²		Edward Gouveia ⁴
Bob Chee-a-tow	J. Neil Gonsalves ³	Savitri Seenauth ⁴	GUYANA (1)	Philip Greathead ⁴
Sydney Chin	Ken Hahnfeld ⁴	Asoka Robin Singh ³	Fitzgerald Yaw Jr. ²	Edwin Jack
Ivan Choo ⁴	Hugh Hazlewood ³	Michael Singh ³		Kenneth Jordan ²
Tony Clarke ⁴	Paul Hazlewood ⁴	Vanita Soman ¹	NEVIS (1)	Jolyon King ⁶
Paul Crum-ewing ⁴	Jocelyn Heydorn	Akisha Somrah ³	Robin Shaw ⁴	Joey Lopes
Edward DaSilva ²	Desmond Hill ³	Walter Spooner		Hugh Rodrigues ²
Terry DeAbreu ⁴	Andrew Insanally ⁴	Albert Sweetnam ⁴	TRINIDAD (3)	Peter Rodrigues ²
Tyrone DeAbreu ⁴	Richard James ⁵	Beverly Vandeyar	Richard Harford ³	Leyland Thomas
Gregory DeCastro ⁴	Desmond Jardine ³		Ronald Harford ³	
Rupert DeCastro ²	Clayton Jeffery ⁴		John Jardim ¹	

There are 106 paid-up members.

Notes :

1. These (8) alumni have paid in advance through 2021.
2. These (18) alumni have paid in advance through 2022.
3. These (22) alumni have paid in advance through 2023.
4. These (27) alumni have paid in advance through 2024.
5. This (1) alumnus have paid in advance through 2026.
6. This (1) alumnus have paid in advance through 2028.

Special Note:

There are two (related) Toronto Saints Alumni organizations which support the college and its alumni - the St. Stanislaus College Alumni Association Toronto (SSCAAT) and the St. Stanislaus College (Guyana) Alumni Society (SSCGAS). They both have their fiscal year-end in August, and usually hold their Annual General Meeting within a month or two after their year-end. While any alumnus is invited to attend the AGMs, only those alumni who are paid-up members of these two organizations are allowed to vote at these meetings.

You may check the list above to determine if you are a paid-up member. If you are but would like to attend the meetings and be able to vote, please ensure that your membership payment reaches us by the dates of the meetings.

Preventing The Spread of COVID-19

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social circle and avoid gathering in large groups;

- talk to your employer about working at home if possible;
- limit contact with people at higher risk, such as older adults and those with underlying medical conditions or weakened immune systems;
- go outside to exercise;
- keep a distance of at least 2 arms lengths (approximately 2 metres) from others; household contacts (people you live with) don't need to distance from each

other unless they're sick or have travelled in the last 14 days.

Hand hygiene and respiratory etiquette

Maintaining good hand and respiratory hygiene are very important personal practices that help reduce the risk of infection or spreading infection to others.

- Wash your hands often with soap and warm water, or a hand sanitizer containing at least 60% alcohol, for at least 20 seconds.
- When coughing or sneezing: ;
 - o cough or sneeze into a tissue or the bend of your arm, not your hand;

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ALUMNI IN THE NEWS

Cabinet Ministers in the new Guyana Government

After the recent elections and the formation of a new government in Guyana, three alumni from St. Stanislaus College have been named as Cabinet Ministers in the new government. They are:

- Alumnus (91-96) **Dr. Irfaan Ali** as Executive President (see left photo below)
- Alumnus (89-94) **Mr. Colin David Croal** as Minister

of Housing and Water (see middle photo below)

- Alumnus (92-96) **Mr. Deodat Indar** as Minister within the Ministry of Public Infrastructure (see right photo below).

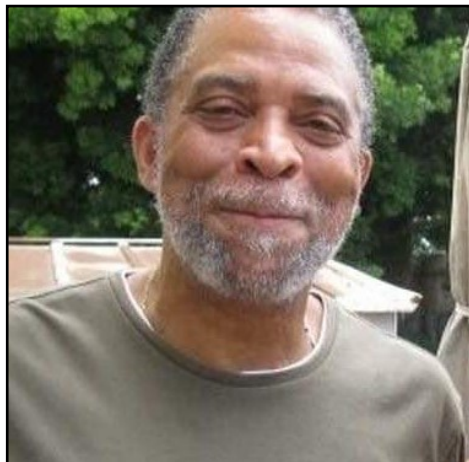
The Toronto Alumni Associations extend their congratulations to their fellow alumni, and wish them success in their new positions.



OBITUARIES

It is with great regret and much sorrow that we announce the passing of alumnus (57-64) Cedric Winston (“Blackie”) Blackman, at the age of 75 years, on 3rd August, 2020. He was known as a caring, kind, and loving man, and will be missed by his children, family, and his many friends.

He was regarded as an affable man with a charming personality and a great conversationalist for whom no topic was out of bounds. He will be remembered fondly for his love of the Arts - he loved and spoke Latin, mastered poetry, enjoyed music and singing, and was a



great dancer.

He was passionate also about sports and, in his early days, was known as one of the best ‘goalies’ at the College. In 63-64, he was the Captain of the college first XI football team which participated in and won the BGFA Senior League and the associated Dawson Cup. In the same period, playing in the tri-partite Dias Cup competition, the team defeated Queens College by 1-0 in the semi-final, and went on to win the Cup for the fourth successive year by defeating Berbice High School by 3-0.



Above: Receiving the Dawson Cup from Headmaster, Fr. John Hopkinson



Right: The 63-64 College first XI football team
 Standing from left to right: P. Camacho, S. Camacho, C. Sheppard, M. Gomes, H. Nurse, Mr. N. Da Silva (Coach)
 Kneeling from left to right: L. Da Silva, R. Sheppard
 Seated from left to right: J. Ally, C. W. Blackman (Capt.), J. Van Sluytman

**ST. STANISLAUS COLLEGE ALUMNI ASSOCIATION-TORONTO
NOTICE OF ANNUAL GENERAL MEETING**

TAKE NOTICE that the Annual General Meeting of St. Stanislaus College Alumni Association Toronto will be held on Sunday, the 27th day of September, 2020, at 2:00 p.m. (Eastern Daylight Saving Time), via Zoom.

To join the Zoom meeting, please go to:

<https://zoom.us/j/91910846513?pwd=Z2hyRjdHdVBpWjY0Rkc5VmNZcHo2dz09>

The meeting ID is **919 1084 6513**, and the Passcode is **6bSqa2**.

AGENDA

1. Adoption of the Minutes of the Annual Meeting held on September 8, 2019.
2. Receiving the President’s Report.
3. Receiving Reports and Functions of the activities.
4. Adoption of the Financial Statement of the Association.
5. Resolution ratifying actions of Officers and Directors on behalf of the Association.
6. Election of Office Bearers and Directors.
7. Appointment of an Auditor.
8. Any Other Business.

Andrew Insanally,

President

St. Stanislaus College Alumni Association Toronto

Dated this 13th day of September, 2020.

PROXY FORM

ANNUAL GENERAL MEETING

of

ST. STANISLAUS COLLEGE ALUMNI ASSOCIATION TORONTO

If you wish to appoint a person other than the persons designated on this form, please insert the name of your chosen proxy-holder in the space provided.

The undersigned member in good standing of the St. Stanislaus College Alumni Association Toronto hereby appoints the President, or, failing him, the Secretary, or, failing them, the Treasurer, or

(print name of person appointed) _____

as proxy-holder of the undersigned, with the power to attend, vote, and otherwise act for and on behalf of the undersigned with respect to all matters that may come before the AGM of 27th September 2020.

Signature of Member in Good Standing

Day

Month

Year

**ST. STANISLAUS COLLEGE (GUYANA) ALUMNI SOCIETY
ANNUAL GENERAL MEETING**

Like the St. Stanislaus College Alumni Association Toronto (SSCAAT), the St. Stanislaus College (Guyana) Alumni Society (SSCGAS) also has its fiscal year-end at the end of August. However, the by-laws of SSCAAT specify that its AGM must be held in September, whereas the by-laws of SSCGAS are silent on this point. Therefore, the date for the SSCGAS AGM falls within the default period set by government regulations, and is six months. However, SSCGAS has always held its AGM within a month or two after its fiscal year-end to enable the incoming Executive to take over as soon as possible.

Because of the COVID-19 pandemic, the SSCGAS Executive has been concerned about holding a face-to-face meeting with its members, and is evaluating its choices. Quite likely, it will be held in October and will use Zoom. As soon as the details have been ironed out, the notice of the meeting will be distributed to the membership.

FUND-RAISING EVENTS IN TORONTO

The COVID-19 virus has wreaked havoc with all our fund-raising events in 2020. Starting in mid-March, the governments of the City of Toronto and the Province of Ontario shut down both the city and the province. Only essential services could remain open, and gatherings of people not from within the same household group were prohibited. This meant that our April Spring Dance and July Caribjam celebration had to be cancelled. While the playing of golf was allowed in the Stage 2 recovery process, the activities around it (breakfast, lunch, prize presentation) were still prohibited, and so the Golf Club, which was to host our Annual Tournament in July, decided to close down for the rest of the year.

In August, Stage 3 of the recovery process was put in place, and the most draconian of the prohibitions were lifted throughout the Province. However, the wearing of protective masks remained mandatory for all indoor public places, the size of gatherings was limited to fifty people, with a social distance of 2 metres or six feet apart to be maintained. This means that, until the governments have lifted these remaining prohibitions, all of our future dances remain in doubt.

Since our Fall dance was scheduled for October, a scant few weeks away, the decision has been made that the Fall Dance will be cancelled for this year.

A New Year's Eve Gala dinner/dance had been scheduled for the end of the year but, as this is still three months away, the decision has not yet been made about this event. Two other factors complicate the decision about this dance. First, all of

our fund-raising events take place at sites which are either at City Community centres owned by City or at privately-owned premises. At this time, the City is not renting out its facilities for our type of activity, and the privately-owned places cannot recover their costs for small gatherings in a large area, if the restrictions are to be observed. Secondly, it is not clear whether the potential attendees at our functions will feel safe at a large gathering soon after all restrictions have been lifted, and we may suffer a loss from low attendance rather than a gain from this event. **We shall keep you informed as we make the decision, but the odds right now is that we will have no further events in this year.**

We are planning for the future events in 2021 as if everything will be back to the past normal. A tentative schedule can be seen on the back page (page 8) of this issue.

There is one major difference. Because we were unable to hold the Golf Tournament this year, the Golf Club has provided us with a second date so that we can hold two tournaments in 2021. The first one will be in July and will be on a Saturday morning when both breakfast and lunch will be provided. The second one will be on a Wednesday afternoon when a lunch and a dinner will be provided. All the other details of the tournaments remain the same as had been announced for 2020. There will be more announcements as we draw nearer to the dates and as we finalise the details.

In the meanwhile, keep safe, and we hope to see you back again with us in the new year.

Preventing The Spread of COVID-19

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o dispose of any tissues you've used as soon as possible in a lined waste basket, and wash your hands immediately afterwards.

- Avoid touching your eyes, nose, or mouth with unwashed hands .

Physical distancing

Together, we can slow the spread by making a conscious effort to keep a physical distance between each other. This has proven to be one of the most effective ways to reduce the spread during an outbreak.

This means making changes in your everyday routines to minimize close contact with others, including:

- avoiding crowded places and non-essential travel;
 - avoiding common greetings, such as handshakes;
 - limiting contact with people at higher risk, such as older adults and those with underlying medical conditions or weakened immune systems;
- keeping a distance of at least 2 arms-length (approximately 2 metres or 6 feet) from others.

Wearing non-medical masks or face coverings

Wearing a non-medical mask or face covering while out in public is recommended for periods of time when it's not possible to consistently maintain a 2-metre physical distance from others, particularly in crowded public settings, such as:

- shopping areas,
- public transportation,
- stores and personal service settings.

In some situations, provincial or territorial public health authorities have made it mandatory to wear a non-medical mask (or face covering) in public areas. In some jurisdictions, the use of masks in many indoor public spaces and on public transit is now mandatory.

Masks alone won't prevent the spread. You must consistently and strictly adhere to good hygiene and public health measures, including core personal practices like frequent hand washing and physical distancing.

Cleaning and disinfecting

The COVID-19 virus is most likely to be on surfaces you frequently touch with your hands. Clean and disinfect high-touch surfaces to lower the chance of COVID-19 spreading in your home, workplace, and public spaces.

THE LIGHTER SIDE OF THE PANDEMIC

Self-testing for COVID-19: Pour a measure of whisky, gin, or rum into a glass, and see if you can smell it. If you can, then drink it and, if you can taste it, it's reasonable to assume that you currently are free of the virus. I tested myself nine times last night and was virus-free each time, thank goodness. I will test myself again today because I have developed a headache which also can be a symptom.

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Saints Annual Magazine

Photographs:

Internet, Saints Annual Magazine

St. Stanislaus College Alumni Association Toronto, founded in 1993, is devoted to making St. Stanislaus College the best educational institution in Guyana. It provides financial aid and other aid to the college, which was founded by Fr. Langton S. J. in 1866. Formerly run by the Jesuit Order of Catholic Priests, the school was taken over by the Government in 1976, with Government-appointed teachers replacing the clergy in 1980.

Saints News & Views publishes four issues each year. The articles published represent the opinions of the authors, and do not necessarily reflect those of the publisher.

Saints News & Views welcomes contributing articles from its membership. The publisher reserves the right to edit or publish all submissions solely at its discretion.

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The Association welcomes your feedback. Please direct your comments, enquiries, or articles you would like published to :

The Editor, St. Stanislaus College Alumni Association Toronto, 4544 Sheppard Avenue East, Toronto, Ontario M1S 1V2.

You also may contact the Editor, Bunty Phillips, by e-mail at lphillips@st-stanislaus-gy.com

COMING EVENTS

Date	Event	Location	Cost
Sat. 17 Oct., 2020	Fall Dance	CANCELLED	
Thur. 31 Dec., 2020	New Year's Eve Gala	<i>tba</i>	<i>tba</i>
Sat. 17 Apr., 2021	Spring Dance (Dinner: 7:30 p.m. to 9:00 p.m.)	West Rouge Community Centre 270 Rouge Hill Drive, Toronto (Hwy 401/Hwy 2/Port Union Road)	\$50 (includes dinner and all drinks)
Sat. 10 Jul., 2021	Golf Tournament	Lebovic Golf Club, 14020 Leslie St, Aurora, ON L4G 7C2 (W. of Hwy 404, N. of Bloomington Road)	\$150 (includes breakfast, lunch, 3 drinks, and snacks on-course)
Fri. 30 Jul., 2021	Caribjam	<i>tba</i>	<i>tba</i>
Wed. 11 Aug., 2021	Golf Tournament	Lebovic Golf Club, 14020 Leslie St, Aurora, ON L4G 7C2 (W. of Hwy 404, N. of Bloomington Road)	\$150 (includes lunch, dinner, 3 drinks, and snacks on-course)
Sat. 16 Oct., 2021	Fall Dance (Dinner: 7:30 p.m. to 9:00 p.m.)	West Rouge Community Centre 270 Rouge Hill Drive, Toronto (Hwy 401/Hwy 2/Port Union Road)	\$50 (includes dinner and all drinks)

Alumni Association Membership Form

Please complete this portion and return it with a cheque for \$25.00 (Cdn) for 1 year, or \$100.00 (Cdn) for 5 years payable to:

St. Stanislaus College Alumni Association Toronto, 4544 Sheppard Avenue East, Toronto, Ontario, Canada M1S 1V2

Name: _____ E-mail Address: _____

Address: _____

Phone (Res.) : _____

(Bus) : _____ Amt. enclosed: \$ _____ Year graduated: _____